



**AUTHENTIC  
NORDIC LIFESTYLE  
EXPERIENCE**  
SPECIAL TRIPS TO NORTHERN EUROPE



**Bosgård**

# ORGANIC FARM DAY

Learn the secrets of organic food culture in Finland and become a pro at preparing delicious dishes that's both tasty and good for your wellbeing.

## Discover the Organic Nordic Cuisine and harmony of the natural lifestyle

Over 200 years old Bosgård Organic Farm is one of the most beautiful old manors in Southern Finland. It is a great place to learn and experience the secrets of Finnish organic food and culinary traditions in beautiful natural surroundings.

During this Organic Farm Day, you will learn the secrets of organic food culture in Finland and become a pro at preparing delicious dishes that's both tasty and good for your wellbeing.

One of the most popular culinary trips in Southern Finland





**THIS IS THE  
ONCE-IN-A LIFETIME  
OPPORTUNITY TO  
EXPERIENCE THE  
NORDIC DELICACIES**

### Professional Guidance

One great thing about trip to Bosgård is that the professional guidance during this Culinary tour will be provided by Mr. Marcus Walsh, who is a nature conservationist, organic farmer and a gourmet chef!



### Field trip and picnic in the forest

Picking up wild berries and mushrooms in the forest is a popular activity in Finland. A field trip to Bosgård’s forest will help you to relax and unwind. Along the way you will learn about Finnish forests, their nature and use, and experience the health benefits that forests bring. We will enjoy lunch in the forest at Bosgård’s hunting lodge. It is a picnic-style meal in beautiful natural surroundings. We will sample typical forest flavors as well as traditional soup and Bosgård’s grilled organic sausages.

### Smoked, organic meat dinner

Bosgård farm is producing organic meat. We will learn how Finns smoke meat and how certain traditional sour milk products are made. For dinner we will prepare smoked meat with mushrooms in a sour cream sauce, as well as cook a sour milk dessert pie with sugar and forest berries. Bosgård’s own organic cold meats followed by traditionally cooked fish and root vegetables and organic Finnish berries.



### Bosgård is located in Porvoo

Bosgård is located within a short 35 minutes drive from Helsinki. There is a possibility to overnight at neighboring Sannäs Manor, which is only 5 minutes drive from Bosgård. Historical Sannäs manor has beautiful rooms, saunas and a special forest view swimming pool available.

#### CONTACT

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European Union  
European Regional  
Development Fund

Leverage from  
the EU  
2014–2020



Helsinki-Uusimaa  
Regional Council

